



COULD YOU HELP US?

WE ARE LOOKING TO RECRUIT VOLUNTEER TRAINING ASSISTANTS

NO PREVIOUS OR MEDICAL EXPERIENCE NECESSARY!

- Do you have a couple of hours to spare?
- Would you like to contribute to a local community group helping to save lives?
- Do you have your own transport?
- Would you like to volunteer as part of a committed and supportive team?

Meon Valley Heartstart is a Bishop's Waltham based community group which offers free training in emergency life saving skills to members of the public, schools, local groups and businesses primarily in and around Southern Hampshire. Last year we trained over 4,000 people in emergency life saving skills. All of our trainers, helpers, coordinators and committee members are volunteers. We have no paid staff.

Our training sessions are all run by qualified emergency life saving skills trainers. Training sessions are tailored to the needs of the group receiving the training but last between one and two and a half hours. Some sessions take place during the day; others in the evenings. We are looking for volunteer training assistants to help as these training sessions. Main responsibilities are:

1. To assist the instructor in setting up and clearing the room before and after training sessions and preparing the training equipment
2. Recording the details of attendees so that certificates can be issued once the training has been completed
3. Operating the audio-visual equipment during the training session
4. Handing out course materials
5. Observing and assisting in the practical hands-on parts of the training

Initial and on-going training will be provided. Travel expenses will be covered, DBS clearances will be arranged by us and all volunteers will be issued with Heartstart branded clothing to wear during training sessions. We are committed to good volunteering practices; we will recognize individual time constraints and do our best to match personal preferences for location and age –groups when we are assigning training assistants to training sessions.

If you think this is something that would interest you please check out our website at www.heartstartmeonvalley.co.uk for more information about us and email us at info@heartstartmeonvalley.co.uk to register your interest so that we can get in touch to tell you more. If you would prefer to talk to someone directly please call David Williamson on 07730148920.